



## BIOGRAPHIES OF NOMINEES - MDI ELECTION 2023

*Nominee in alphabetical order by surname*

Nominee Biographical Details		Proposer
<b>Patrick Cassidy</b>		<b>Una McCourt</b>
<b>Current Position/ Job Title</b>	Rehab Group – Consulting Director of Social Enterprises and Employability	
<b>Previous Position/ Job Title</b>	Directorship in Certus, Bank of Scotland Ireland, ESB, Sainsbury Homebase plc, Aer Rianta International, Grafton Group, Dunnes Stores	
<b>Current Membership of any Boards/ Committees</b>	Chairperson and Board member of MDI Chairperson of Secondary School Board of Management	
<b>Previous Membership of any Boards/ Committees</b>	Director Ranelagh & District Credit Union IBEC Retail Committee Vice President Brico Alliance	
<b>Why I want to be on the Board of Muscular Dystrophy Ireland:</b>	My son has MD, and I would like to make the lives of those who have this condition a little easier through a positive contribution via the Board.	
<b>What I can bring to the Board of Muscular Dystrophy Ireland as a Director:</b>	Over 25 years of experience across corporate governance, finance, strategy and leadership, branding and marketing, retail operations, logistics and distribution, change management and employee engagement as well as operational, legal and reputation risk management.	
<b>How I can help Muscular Dystrophy Ireland achieve its mission:</b>	My 25+ years working has allowed me to compile a significant knowledge base across a broad range of disciplines. I would like to share this with the Board and organisation, inputting the strategic direction of MDI and ensuring commitment to highest standards in governance in policies and practice.	



## BIOGRAPHIES OF NOMINEES - MDI ELECTION 2023

*Nominee in alphabetical order by surname*

Nominee Biographical Details		Proposer
<b>Eoghan Clifford</b>		<b>Una McCourt</b>
<b>Current Position/ Job Title</b>	Associate Professor University of Galway (School of Engineering)	
<b>Previous Position/ Job Title</b>	Board of directors Paralympics Ireland Chartered Engineer Athletes Representative for Paralympics Ireland Chair of Paralympics Ireland athletes' commission Various other professional roles with university, industry and state agencies	
<b>Current Membership of any Boards/ Committees</b>	An Meitheal Comhshaol (community cooperative) Board Member of MDI and member of MDI Research Committee	
<b>Previous Membership of any Boards/ Committees</b>	Board of directors Paralympics Ireland Athletes Representative for Paralympics Ireland Chair of Paralympics Ireland athletes commission	
<b>Why I want to be on the Board of Muscular Dystrophy Ireland:</b>	I have CMT and am very aware of many of the issues people with MD have to address. I have a particular interest in quality of life issues and improving these. These issues include access to the latest in technological aids, orthotics and related implements and the role of exercise and education (leading to improved career opportunities) in enabling a better quality of life for people with MD. I am committed to MDI continuing to improve its support and services to people with MDI and helping the organization in expanding these services and associated resources.	



<p><b>What I can bring to the Board of Muscular Dystrophy Ireland as a Director:</b></p>	<p>Experience in engineering design and technology and associated research for assistive technologies.</p> <p>Experience as the lead in large national and international research consortia including securing over €30 m in research funding.</p> <p>Experience in education and outreach and some media experience</p> <p>Previously I competed as a paralympic athlete for Ireland</p> <p>Previous experience on board of directors</p>	
<p><b>How I can help Muscular Dystrophy Ireland achieve its mission:</b></p>	<p>I have CMT and am very aware of many of the issues people with MD have to address. I have a particular interest in quality of life issues and improving these. These issues include access to the latest in technological aids, orthotics and related implements and the role of exercise and education (leading to improved career opportunities) in enabling a better quality of life for people with MD.</p>	



## BIOGRAPHIES OF NOMINEES - MDI ELECTION 2023

*Nominee in alphabetical order by surname*

Nominee Biographical Details		Proposer
<b>Eamon Daly</b>		<b>Patrick Cassidy</b>
<b>Current Position/ Job Title</b>	Voluntary	
<b>Previous Position/ Job Title</b>	Management Accountant, National Lottery Head of Internal Audit / MLRO, Irish Nationwide Building Society Client Accountant, JP Morgan Chase Audit Senior, PWC Trainee Accountant, Clifford Locke Delaney	
<b>Current Membership of any Boards/ Committees</b>	Board Member of MDI and Chair of MDI Finance and Audit Committee	
<b>Previous Membership of any Boards/ Committees</b>	Reported to the Audit Committee in a previous role. In addition, I have experience working with senior management teams developing organizational strategy and presenting at board level.	
<b>Why I want to be on the Board of Muscular Dystrophy Ireland:</b>	While I do not personally have a close family member who suffers with the condition, I am strongly motivated to give back to the community and feel that my skills and experience can be of benefit to the members and organisation.	
<b>What I can bring to the Board of Muscular Dystrophy Ireland as a Director:</b>	I am highly experienced finance professional (20+ years post-qualification experience) and Fellow of Chartered Accountants Ireland with expertise in both external and internal audit, a variety of industries including banking and lotteries and both small and 'Big 4' practice exposure. I have been serving as a Treasurer of MDI since Nov 2021 and Chair of MDI Finance and Audit Committee.	
<b>How I can help Muscular Dystrophy Ireland achieve its mission:</b>	I can help MDI achieve its mission by overseeing the finance function, contributing to board discussions, keeping up to date on regulatory changes impacting on the not-for-profit sector and helping to guide the strategic direction of this organisation.	



## BIOGRAPHIES OF NOMINEES - MDI ELECTION 2023

*Nominee in alphabetical order by surname*

Nominee Biographical Details		Proposer
<b>Patrick Flanagan</b>		<b>Una McCourt</b>
<b>Current Position/ Job Title</b>	Employment Project Co-Ordinator for NGO	
<b>Previous Position/ Job Title</b>	Fundraising and NGO	
<b>Current Membership of any Boards/ Committees</b>	Acting Vice-Chairperson and Board Member of MDI, Member of MDI Finance and Audit Committee Bocca Ireland	
<b>Previous Membership of any Boards/ Committees</b>	Association of Irish Powerchair Football Social Democrats Dublin Bay South	
<b>Why I want to be on the Board of Muscular Dystrophy Ireland:</b>	To continue contributing to the progress made in the last year.	
<b>What I can bring to the Board of Muscular Dystrophy Ireland as a Director:</b>	Lived experience of MD with a wealth of expertise in communication, fundraising and advocacy. Organisational knowledge from being a board member, member and former staff member.	
<b>How I can help Muscular Dystrophy Ireland achieve its mission:</b>	By providing context and perspective that will better inform decisions on direction of MDI.	



## BIOGRAPHIES OF NOMINEES - MDI ELECTION 2023

*Nominee in alphabetical order by surname*

Nominee Biographical Details		Proposer
<b>Aisling Glynn</b>		<b>Roisin Glynn</b>
<b>Current Position/ Job Title</b>	Solicitor Chairperson West Clare Mental Health CLG Chairperson and Director GMI Ltd Disability Legal Network Taskforce NDA Workshop/Assisted decision	
<b>Previous Position/ Job Title</b>	Board Member National Disability Authority	
<b>Current Membership of any Boards/ Committees</b>	Co-opted Member of MDI Board – 28 <sup>th</sup> November 2022 Chairperson West Clare Mental Health CLG Chairperson and Director GMI Ltd Disability Legal Network Taskforce NDA Workshop/Assisted decision	
<b>Previous Membership of any Boards/ Committees</b>	Board Member National Disability Authority	
<b>Why I want to be on the Board of Muscular Dystrophy Ireland:</b>	Lived experience as a person with MD, particularly in education and employment.  Disability Law and Policy – solicitor, LLM disability law and policy	
<b>What I can bring to the Board of Muscular Dystrophy Ireland as a Director:</b>	Legal Skills – LLM in disability law and policy. Solicitor with 12 years' experience. Experience re national disability policy and procedure.	
<b>How I can help Muscular Dystrophy Ireland achieve its mission:</b>	I have the lived experience of MD and believe my experience professionally and sitting on other Boards will assist MDI in achieving their strategic goals	



## BIOGRAPHIES OF NOMINEES - MDI ELECTION 2023

*Nominee in alphabetical order by surname*

Nominee Biographical Details		Proposer
<b>Dr. Ashling Holland</b>		<b>Una McCourt</b>
<b>Current Position/ Job Title</b>	Director of Preclinical Development, PepGen Inc	
<b>Previous Position/ Job Title</b>	N/A	
<b>Current Membership of any Boards/ Committees</b>	Member of MDI Board and Chair of MDI Research Committee	
<b>Previous Membership of any Boards/ Committees</b>	<p>Post-Doc committee member, DPAG, University of Oxford, (2017-2018)</p> <ul style="list-style-type: none"> <li>• Athena SWAN committee member, DPAG, University of Oxford, (2017-2018)</li> <li>• MDEX Consortium member (2017-2018)</li> <li>• Chairperson of the Post-Grad/Post-Doc Committee, Biology Department, NUI Maynooth (2012-2016)</li> <li>• Treasurer Templeogue Basketball Club (2014-2016)</li> <li>• Student Treasurer of Galway Cycle (NUI Maynooth) (2014-2015)</li> <li>• Secretary of Galway Cycle (NUI Maynooth) (2013-2014)</li> </ul>	
<b>Why I want to be on the Board of Muscular Dystrophy Ireland:</b>	<p>My scientific research over the past 13 years has primarily focused on muscular dystrophy. I was first introduced to MDI during my PhD as they sponsored some of my research endeavors. I presented my research at MDI's 2015 AGM and was inspired by both the MDI team and community. Since then I have continued to work on MD research, both in Ireland, the UK and America. I would like to contribute to MDI's mission of supporting people with MD. I believe that my international experience could help MDI develop and achieve its research and clinical goals.</p>	



<p><b>What I can bring to the Board of Muscular Dystrophy Ireland as a Director:</b></p>	<p>I have been working in muscular dystrophy research for more than a decade, in both academic and private settings and across multiple countries. I believe this, in addition to my experience in strategy development, financial planning, goal setting, project management, successful project delivery, and my passion for helping to improve the lives of people with muscular dystrophy will be a benefit to MDI.</p>	
<p><b>How I can help Muscular Dystrophy Ireland achieve its mission:</b></p>	<p>I believe I can help MDI achieve its mission of supporting people with muscular dystrophy by working closely with the board and the MDI community. I am a dedicated individual who has experience in identifying and prioritising long-term goals and future planning for organisations.</p>	





## BIOGRAPHIES OF NOMINEES - MDI ELECTION 2023

*Nominee in alphabetical order by surname*

Nominee Biographical Details		Proposer
<b>Sarah Judge</b>		<b>Patrick Flannagan</b>
<b>Current Position/ Job Title</b>	Currently taking some time away from career to spend time with family.	
<b>Previous Position/ Job Title</b>	Head of Investment Compliance and Senior Risk Manager in leading European Asset Manager Risk Manager Compliance Analyst Training Senior Associate Quality Risk and Compliance Associate Dealing Team Associate	
<b>Current Membership of any Boards/ Committees</b>	Co-opted Member of MDI Board – 28 <sup>th</sup> November 2022	
<b>Previous Membership of any Boards/ Committees</b>	Director of NDR Management Consulting Services Ltd 2014 - 2015  In my previous companies I have been involved with the following committees:  Secretary and member of charity committee  Vice-chairperson of the diversity committee  Member of sports and social committee	
<b>Why I want to be on the Board of Muscular Dystrophy Ireland:</b>	I began working on the Board in 2022 and feel that I have a lot to contribute to moving MDI forward to grow with the vision for the future. MDI is in an exciting phase, aiming to improve the services available to members and grow awareness around the conditions amongst the public. I feel it is a great opportunity to contribute and make a difference and help steer MDI during this new phase.	



<p><b>What I can bring to the Board of Muscular Dystrophy Ireland as a Director:</b></p>	<p>I feel that my experience in my previous Compliance and Risk roles would be of benefit to MDI. I can assist with reviewing Risk Registers, policies, procedures etc. I have extensive experience in the corporate world, where I was the secretary of the Risk Management Committee for a large European Asset Manager. In addition, my work on the charity committee of my previous company gives me a good insight into what organisations are looking for from charities before making donations or partnering with a charity. I reviewed potential charities and completed due diligence reviews on the charities before making recommendations and approving donations and can bring this insight to assist with fundraising activities within MDI.</p>	
<p><b>How I can help Muscular Dystrophy Ireland achieve its mission:</b></p>	<p>I can help MDI to achieve its mission by ensuring I am informed and putting the needs of its members at the forefront when making decisions.</p>	



## BIOGRAPHIES OF NOMINEES - MDI ELECTION 2023

*Nominee in alphabetical order by surname*

Nominee Biographical Details		Proposer
<b>Dr. Una McCourt</b>		<b>Ashling Holland</b>
<b>Current Position/ Job Title</b>	OpEx Director of Strategic Programs	
<b>Previous Position/ Job Title</b>	OpEx Associate Director, BMS. OpEx Quality Lead, BMS OpEx Site Lead, Guerbet	
<b>Current Membership of any Boards/ Committees</b>	Company Secretary and Board Member of MDI Member of MDI Research Committee	
<b>Previous Membership of any Boards/ Committees</b>	None	
<b>Why I want to be on the Board of Muscular Dystrophy Ireland:</b>	I work in the pharmaceutical industry where on a daily basis we strive to meet the needs of the people we serve, to make their lives better. To be on the board of MDI is an extension of that, and I look to support MDI in meeting the needs of its members.	
<b>What I can bring to the Board of Muscular Dystrophy Ireland as a Director:</b>	Scientific/research understanding Strategy/governance expertise Large scale project roll out, program deployment Operational Excellence Expertise	
<b>How I can help Muscular Dystrophy Ireland achieve its mission:</b>	I have a particular interest in registry development and access to treatment/care/support and believe that MDI has the opportunity to offer a holistic support model that can hugely benefit its members. Thus enabling a better quality of life for people with MD.	



## BIOGRAPHIES OF NOMINEES - MDI ELECTION 2023

*Nominee in alphabetical order by surname*

Nominee Biographical Details		Proposer
<b>Bindu Nair</b>		<b>Patrick Cassidy</b>
<b>Current Position/ Job Title</b>	Country Commercial Lead, Abbott Nutrition Ireland	
<b>Previous Position/ Job Title</b>	Marketing Manager – Abbott Nutrition Ireland Marketing Executive – Novo Nordisk	
<b>Current Membership of any Boards/ Committees</b>	Chair of the FSMP Industry Group, Dairy Industry Ireland, IBEC Co-opted Member of MDI Board – 28 <sup>th</sup> November 2022	
<b>Previous Membership of any Boards/ Committees</b>	None	
<b>Why I want to be on the Board of Muscular Dystrophy Ireland:</b>	Over the years, I have done numerous volunteering activities in my own time. I have a lot of respect and a strong passion for volunteering, and I believe that I have strong business acumen and expertise which I can put to use, and working for a good cause that can make a positive difference in people's lives.	
<b>What I can bring to the Board of Muscular Dystrophy Ireland as a Director:</b>	I hold an MBA from Smurfit School of Business, UCD and then completed my Master's in Digital Marketing and Analytics, TUD and recently I completed a programme in Leading Digital Transformation in HealthCare from Harvard Medical School. I am currently working as a Country Commercial Lead for a pharmaceutical multinational based in Dublin. I have worked in various senior management positions and have a proven professional track record in strategic planning and decision making.	
<b>How I can help Muscular Dystrophy Ireland achieve its mission:</b>	By contributing my professional, commercial and volunteering expertise to further MDI's mission and strategic direction.	



## BIOGRAPHIES OF NOMINEES – MDI ELECTION 2023

*Nominee in alphabetical order by surname*

Nominee Biographical Details		Proposer
<b>John O'Regan</b>		<b>Una McCourt</b>
<b>Current Position/ Job Title</b>	Practicing barrister	
<b>Previous Position/ Job Title</b>	Member of Appeal Committee for the Institute of Certified Public Accountants in Ireland  Former volunteer at Suas Educational Development and Mediation Northside  Committee member of Bar of Ireland cycling club	
<b>Current Membership of any Boards/ Committees</b>	Vice Chair of the Appeal Committee for the Institute of Certified Public Accountants in Ireland  Co-opted Member of MDI Board – 28 <sup>th</sup> November 2022 and Chair of MDI Quality and Governance Committee	
<b>Previous Membership of any Boards/ Committees</b>	N/A	
<b>Why I want to be on the Board of Muscular Dystrophy Ireland:</b>	I have had a desire to contribute to the board of a charity for some time. As a practicing barrister for 15 years, I hope to bring my skills and background to the board and to contribute positively. Having suffered from debilitating chronic back pain myself for a number of years (involving recent surgery), I am hugely impressed by those who live with muscular dystrophy, and I am impressed with the work of MDI.	
<b>What I can bring to the Board of Muscular Dystrophy Ireland as a Director:</b>	I have 15 years' experience as a practicing barrister with particular interest in quality and governance.	
<b>How I can help Muscular Dystrophy Ireland achieve its mission:</b>	I hope to be able to help MDI to achieve its mission by contributing to the board with my legal background and experience, particularly in the area of governance.	



## BIOGRAPHIES OF NOMINEES - MDI ELECTION 2023

*Nominee in alphabetical order by surname*

Nominee Biographical Details		Proposer
<b>Kevin O'Regan</b>		<b>Patrick Cassidy</b>
<b>Current Position/ Job Title</b>	Professional- Company director in media industry	
<b>Previous Position/ Job Title</b>	N/A	
<b>Current Membership of any Boards/ Committees</b>	Executive Director of private company The Reelists Ltd. Co-opted Member of MDI Board – 28 <sup>th</sup> November 2022	
<b>Previous Membership of any Boards/ Committees</b>	N/A	
<b>Why I want to be on the Board of Muscular Dystrophy Ireland:</b>	In my professional life, I have worked with several charities. Seeing the impact they have on their service users inspired me to want to help on a voluntary basis- so this is a perfect opportunity to use my knowledge and experience to help a very worthy charity continue and improve the important work they carry out.	
<b>What I can bring to the Board of Muscular Dystrophy Ireland as a Director:</b>	I have run my own business for nearly 8 years, dealing with every aspect of the business from finance, HR, logistics, compliance, project management etc. I have also worked extensively with all sizes of charities in Ireland to improve their communications, branding and marketing, in particular through video production and campaign development.	
<b>How I can help Muscular Dystrophy Ireland achieve its mission:</b>	To assist MDI to achieve its mission in the area of communications, marketing and fundraising. To help raise the profile of MDI as a national charity, giving MDI more power to lobby Government, access new funding streams and generate additional fundraising through general public awareness. I can also advise on internal communications, to ensure the best possible experience for MDI's members.	

