MDI News

Newsletter of Muscular Dystrophy Ireland
Updates on research, information, fundraising, social activities and upcoming events.

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Autumn / Winter 2019

Update 6

Young MDI members Laya Flaherty (Longford), Aoibhinn Delaney (Cork) and Nell O’Brien (Cork) pictured at a “Girls’ Fun Day Out” organised recently by the MDI Youth Services.

MUSCULAR DYSTROPHY IRELAND
Dear all

Welcome to the final edition of our newsletter for 2019.

This year has proved to be a busy, exciting and challenging one for Muscular Dystrophy Ireland with many achievements. We have had some changes in staff throughout the year and would like to express thanks to staff who have moved from the organisation and welcome the new people on board.

One of the greatest milestones this year was the decision of the HSE to approve two treatments for MD – Translarna for a type of Duchenne and Spinraza for the treatment of SMA. This happened as a result of campaigning by members and their families supported by MDI. There is yet more work to be done as Spinraza has only been approved for use in people under the age of 18, and there have been challenges around the delivery of treatment to this group. IPPOSI, the Irish Platform for Patient Organisations, Science and Industry, produced a Charter for Patient Involvement in February of this year which should prove invaluable to any member interested in trying to get access to new treatments or drugs.

We are currently revamping the website. This is still a work in progress as it will take time to update the information provided so we will keep you informed.

We are developing a new database next year which will streamline the services we undertake, improve our communications, and enable us to provide valuable reports and statistics to stakeholders. We will be in contact with you about this shortly.

We look back on a number of activities organised by MDI staff this year. These included coffee mornings, youth groups engaging in activities such as, a day in Mondello, virtual reality party, confidence building workshop, a sibling day and summer respite camps. At the request of members we also ran a seated yoga course in head office.

In addition to other activities, we implemented the STRIVE (Strategies to Realise Innovation, Vision and Empowerment) programme this year which aims to encourage and support independent living through personal development. 30 young people took part in this initiative. The programme began with a confidence-building element and, from this, individual and group projects evolved, based on the needs and wishes of participants. We hope to take the concept of STRIVE and further introduce it in our programme of services.

In order for MDI to provide the best possible supports and services to our members, we need to be confident that all of our work is underpinned by best practice in service delivery and governance. During the year, we have done a lot of work in relation to the organisation. We have completed a draft of the Constitution (formerly called the Memo and Articles) and this is in the process of being agreed. In addition, the Board and Management have taken part in workshops to assist in compliance with the Charities Regulator.

Producing a Strategic Plan for MDI was a huge piece of work for the organisation during the past year and thanks again to those members, staff and Board who took part in the information gathering part of the process. The Strategic Plan 2020 – 2022 is being printed at the moment and we look forward to sharing it with you shortly. The next step in the
process is to put the plan into action.

The first step of putting the strategic plan into action involves reviewing all the services we currently provide to ensure they are in line with the direction and commitments in the plan and, crucially, MDI needs to be confident that services to members are fit for purpose. The work we carry out to serve members, therefore, needs to be supported by a robust framework of policy and procedures, followed by training of all staff, so that we can stand over our commitments to you, our members. This clearly takes time to put in place to ensure quality and consistency of service.

As you are aware, the process of planning camps begins in January each year. This does not allow sufficient time to have all processes in place and accordingly the summer camps service will not go ahead during 2020.

Members have requested more opportunities for social engagement and more peer-led activities and we are already exploring options in relation to this. We will keep you informed during the year.

I would like to take this opportunity to wish you and your loved ones a very Happy Christmas and best wishes for 2020. Together we look forward to a new year.

Elaine McDonnell
CEO - Muscular Dystrophy Ireland

Restructuring and Upgrade of the “MDI News Update”

As you already know, the MDI News Update (this newsletter) is a quarterly newsletter which is produced and published by Muscular Dystrophy Ireland (MDI) every three/four months. Its main purpose is to maintain a regular contact with all members and stakeholders of MDI and to keep everyone informed about updates on research, information, fundraising, social activities etc. Each print run now consists of 800 hard copies which are posted to MDI’s members and stakeholders quarterly. An electronic version of this newsletter is also produced and emailed to a further 900 recipients and all previous editions (since 2001) can be viewed and downloaded from the MDI website: https://www.mdi.ie/newsletters/.

In the coming months we at MDI plan on looking at how we can revamp, restructure, update and improve the content, format and layout of this newsletter. We would welcome suggestions from our readers in relation to what changes, improvements, features, ideas etc. which you would like to see incorporated into this newsletter and perhaps you could send your suggestions to me (contact details below).

In addition, we continue to encourage the use of email as opposed to standard post for receiving our newsletter, and indeed all other correspondences from MDI.

If you would be interested in receiving future copies by email, we would appreciate it if you could forward your email address to hubert@mdi.ie with “Newsletter by email” in the subject box. Alternately, you can complete the form on our website at: www.mdi.ie/newsletter-by-email.
MDI Joint Funding Scheme with Health Research Charities Ireland and the Health Research Board

MDI is excited to have recently announced a call for research proposals under the Health Research Charities Ireland and the Health Research Board Joint Funding Scheme. We have encouraged proposals for all types of research, including basic, clinical, psychosocial and health services research. Proposals relating to any of the neuromuscular conditions covered by MDI are eligible to apply. The initial application deadline was in November 2019. The shortlisting process is rigorous, involving MDI’s Research Committee and also international peer review. Once the shortlisting is completed, MDI will then submit up to three proposals to the Health Research Board in early April 2020 for its consideration. If we are successful, the selected project(s) will be funded jointly by MDI and the Health Research Board, beginning November 2020. The award will be for a maximum total of €150,000 over three years.

Muscular Dystrophy Ireland is committed to supporting researchers and clinicians to carry out the best quality research into neuromuscular conditions. We aim to:

- Gain a greater understanding of neuromuscular conditions in order to develop potential treatments and ensure a route for clinical trials
- Support more studies into ultra-rare conditions
- Facilitate quality of life research.

Our research priorities are to:

- Optimise the potential of genetics in order to enhance our understanding of why people with the same condition are affected differently and, also, so that more people receive a confirmed genetic diagnosis, which will help us to better understand the conditions.
- Understand disease mechanisms
- Support treatment development
- Improve quality of life.

We hope to be announcing good news about our research applications later in the 2020.

For further information please contact:

Maeve Healy,
MDI Information Officer,
Tel: (01) 623 6414
Email: mdiinfo@mdi.ie
or visit:
www.mdi.ie/studies/research-call-2019-2020/
Completion of ‘real-world data’ study of facioscapulohumeral muscular dystrophy (FSHD)

‘real-world data’ study monitoring the progression of facioscapulohumeral muscular dystrophy (FSHD) and its impact on daily life was recently completed by Facio Therapies. The study was conducted by the Centre for Human Drug Research located in Leiden, the Netherlands. It enrolled 38 people with FSHD and 20 healthy controls. Participants were monitored for six weeks with the use of a smartphone app and a smartwatch to continuously record a total of over 60 physical activity, social activity, and biometric variables. The data are currently being analysed. The aim of the study is to determine whether measurements from these devices correlated with clinical assessments. The secondary objective of the study is to assess which digital scores distinguish people with FSHD from people without FSHD.

Because overall FSHD progresses very slowly, there is a strong need for sensitive tools to demonstrate disease progression (and response to treatment) in a manageable period. While traditional clinical studies can only generate a limited number of separate data points for each participant, continuous monitoring of patients under real-world conditions could identify early changes in disease status. MDI looks forward to seeing the publication of the results of the study.

About FSHD

Facioscapulohumeral (FSHD) muscular dystrophy is a genetic muscle-wasting condition that causes muscles to weaken and waste over time leading to increasing disability. It particularly affects the muscles of the limbs, shoulders and face. Several generations of a family are often affected by the condition. It can be diagnosed at any age and can vary widely between individuals, even within the same family. One-third of those with the condition are unaware of the symptoms right into old age. The earlier the muscle weakness appears, the more severe it is likely to become. Between 10-20 percent of people with the condition eventually require a wheelchair. It affects the muscles of the eyes and mouth, including the ability to smile. The condition is caused by a genetic mutation which causes a toxic protein to be produced in the muscle, killing the muscle cells. There is currently no treatment available targeting the underlying genetic causes of FSH.

About the Centre for Human Drug Research (CHDR) https://chdr.nl/

The Centre for Human Drug Research is an independent institute that specialises in cutting-edge early-stage clinical drug research. In addition, CHDR plays an active role in helping educate the medical and clinical research communities.

About Facio Therapies BV www.facio-therapies.com/

Facio Therapies is a Netherlands-based company with a single focus: to overcome FSHD by developing a causal therapy that restores the natural repression of the muscle-toxic protein, DUX4. When unduly produced in skeletal muscle, DUX4 sets in motion a cascade of cellular events that eventually result in the muscle wasting seen in FSHD.
Duchenne Muscular Dystrophy (DMD) is caused by mutations (changes) within the dystrophin gene. A gene is made up of coding regions called exons, and the areas in between exons are called introns. Dystrophin has 79 exons, which makes it one of the largest genes in the body. For this reason, in 2014, the seventh day of the ninth month was a date that was chosen to mark the first international Duchenne Awareness Day as this day represents the 79 exons in the dystrophin gene.

DMD is the most common form of muscular dystrophy, a genetic condition that gradually makes the body's muscles weaker. It is the most common childhood-onset form of muscular dystrophy and affects males almost exclusively. The prevalence is estimated to be 1 in every 3,500 live male births. Age of onset is usually between 3 and 5 years of age.

There are 108 individuals (almost 15% of MDI’s membership) registered on the MDI database as having DMD. In 2014, MDI planted a Japanese maple tree to mark the first international Duchenne Awareness Day and 5 years on, staff at MDI once again gathered around this tree on 7th September to mark this day, remember passed members, and to create further awareness of DMD. For more information about DMD or Muscular Dystrophy Ireland, please call: (01) 6236414, email: mdiinfo@mdi.ie or visit: www.mdi.ie.
Muscular Dystrophy Ireland (MDI), together with the Health Services Executive (HSE), Disability Federation of Ireland (DFI), The MS Society of Ireland, Arthritis Ireland, Family Resource Centres and many other agencies ran a Chronic Disease Self Management Programme earlier this year. The 6 week skills-based programme took place in each of the 5 counties in the South East. Participants included people over 18 years of age living with any long term chronic condition such as Asthma, Arthritis, Crohn's, Stroke, Colitis, Diabetes, Multiple Sclerosis, Muscular Dystrophy, etc. Carers were also invited. This was a community-led initiative. Topics included self-management skills, dealing with common symptoms such as pain, fatigue, anxiety, fear, isolation and also enabling people to action plan and problem solve. Participants said they learnt a lot from each other and realised that lots of people with other conditions had similar symptoms. One participant said, “it was great to realise I was not alone - lots of other people with other conditions deal with fatigue too”.

The programme was based on evidence based expertise and developed by Stanford University with a focus on people developing self management skills. Check out materials, webinars, recordings, skills videos and useful resources on the Self-Management Resource Centre (SMRC) website at https://www.selfmanagementresource.com or email smrc@selfmanagementresource.com.

We hope to work with the HSE, DFI and other agencies again to follow up on this valuable skills-based programme.

For more information contact:
Marie Kealey
MDI Family Support Worker
South East Region
Tel: 086 6066107
Email: mariek@mdi.ie

Pictured at the launch were: Sheila Donnelly (Newpark Close Family Resource Centre), Svetlana Kushnirenko (Arthritis Ireland), Marie Kealy (Muscular Dystrophy Ireland), Kate O’Connor (Self-Management Support Co-ordinator for Chronic Conditions for HSE/South East Community Healthcare), Pl Cleere (Disability Federation of Ireland) and Katie Hourigan (MS Ireland).

The programme will be delivered by five other Community Health Organisations in Ireland in 2020.
As a person with a disability, has SCA impacted on your ability to independently bank online?

Most people will be familiar with two-factor authentication in some shape or form – chip and pin cards are a common example of needing both the physical card alongside a four-digit passcode. But until now, online payments have been more relaxed in nature, often requiring only a username and password to validate transactions.

To make internet banking more secure, on 14th September 2019, new regulations known as Strong Customer Authentication (SCA) were introduced which changed how we bank online. SCA is a requirement of the EU to ensure that electronic payments are performed with multi-factor authentication to increase the security of electronic payments. These changes are to help fight fraud and make online transactions even more secure. But if you are a person with a disability who uses online or mobile banking, has the introduction of Strong Customer Authentication impacted on how you bank online? Can you still bank online as you would have done previously (prior to the introduction of SCA) or do you now have to request assistance from a third party (e.g. your Personal Assistant, a friend, family member etc.)?

I ask these questions because, as a person with a significant physical disability myself, the introduction of SCA has now created an obstruction to my banking online independently, something which I previously enjoyed without issue until now.

Because of my disability (muscular dystrophy), I am unable to physically use a mobile phone. I have very restricted use of my arms and hands and therefore I require the use a laptop for all forms of written communication, with the assistance of an onscreen keyboard and assistive technology. This technology has also allowed me (until recently) to bank online privately and independently, using my laptop and internet banking. However, since the role out of SCA, I now must request assistance from a third party when using my laptop to log in to my online banking, by having to ask someone to pick up my mobile phone and hit confirm on the AIB App to verify that it is me who requested this login.

Among other things, the Central Bank of Ireland works to ensure that financial systems and services operate in the best interests of consumers and the wider economy. With this in mind, I believe that it is therefore the Central Bank of Ireland’s responsibility to ensure that all services provided by financial institutions in this country are fully accessible to all. The introduction of Strong Customer Authentication has now caused problems for many people with disabilities and instead of enabling us to carry out all of our online banking securely and privately, it has now in fact left us more vulnerable and disabled. This needs to be addressed.

Representations have been made to the Central Bank of Ireland and they are now aware of some of the problems which people with disabilities are having with banking online since the introduction of Strong Customer Authentication. They have asked for people to document issues which they are experiencing and to initially contact their local bank to see how these can be addressed. Should you receive an unsatisfactory reply from your local bank, then I would suggest contacting their Head Office and the Central Bank if necessary, to try and resolve these issues. It is important that people who are experiencing problems in relation to SCA to make these issues known. Like all other services, banking online services should also be accessible to everyone and I believe that it should be one of the Central Bank’s responsibilities to ensure that this is the case. The Central Bank’s email address is: enquiries@centralbank.ie. Let us make online banking work for all again!

Hubert McCormack
Administrator—MDI
Many of our members may have noticed in recent weeks that the MDI website (www.mdi.ie) has a new look and that it is currently being updated and upgraded. The purpose of this project is to give the MDI website a fresh, new and modern look with easier-to-use navigation systems and to allow it to sit more professionally and practically on all platforms (laptops, mobile phones, tablets etc) and to generally make it more user friendly and accessible to all.

The process of re-building the website is ongoing and over the coming months, the content of all current pages on the website will be updated, amended and archived accordingly. New pages and features will also be added, and we would welcome any suggestions which members would like to see included on the new website.

We would like to apologize to all of our members and stakeholders for any inconvenience which may be caused while this work is in progress and if you can not find what you are looking for on our website, please contact the MDI Information Officer, Maeve Healy on (01) 6236414 or email mdiinfo@mdi.ie.

“New pages and features will be added and we would welcome any suggestions which members would like to see included”
New MDI Information Officer

My name is Maeve Healy and I’m very pleased to have been appointed as the new MDI Information Officer. I’ve been working in the community and voluntary sector for around 20 years on a range of issues relating to equality, social justice and human rights. I have experience in the areas of learning and development, advocacy/policy and supporting community groups to build their capacity. I’ve worked with three national membership organisations during this time. Should you wish to contact me you can do so via my contact details below. I’m looking forward to meeting members and learning how I can best support your information needs.

Maeve Healy
Information Officer - MDI
Phone: 01 6236414
Email: mdiinfo@mdi.ie

New Youth / Respite Worker, Eastern Region

My name is Amy Mc Inerney and I am the new Youth Worker for Dublin, Wicklow and Kildare. I am from Doonbeg, Co. Clare but I now live in Bettystown, Co. Meath. I studied Psychology of Childhood Adversity at university and have experience working with young people in a number of non-profit organisations in Ireland, the UK, Vietnam and Kenya. My first two months in this position have been fantastic and everyone has been very welcoming and helpful.

It has been a pleasure getting to know the members and families I have already met, and I really look forward to meeting more of you over the next few months.

My email address is yrwer@mdi.ie and my phone number is 086 6066109. Please feel free to contact me if you are interested in getting involved in the youth service in Dublin, Wicklow, or Kildare.

Community Development Officer, Western/Midlands Region

My name is Una Sadler and I am the new Community Development Officer with Muscular Dystrophy Ireland. I joined MDI in September 2019. I will be covering the West and Midlands region. I am delighted to be starting in this role. I am from Westport in Co Mayo.

I have completed an Honours degree in Social Care, with a focus on the area of mental health. I have also completed studies in Psychotherapy and Counselling.

My background includes work with Western Care. This is an organisation in County Mayo that supports and empowers adults with intellectual disabilities. I have worked in both residential and day services since 2013.

I also have four years’ experience with the ISPCC and its 24 hour childline service. I am a call facilitator, as well as operating the online text service and the missing children’s hotline.

I will be based in the new MDI office in Castlebar and you can contact me at: MDI Office, Mosaic Centre, Garvey Way, Castlebar, Co Mayo. Tel: 086 3899286. Email: fswwr@mdi.ie. I look forward to meeting you all in the near future.
Disability is strongly associated with poverty in Ireland. Among people who are unable to work due to illness or disability more than one in three (35.4%) live on an income below the poverty line. Among those who are able to work many people with a disability are unemployed; a classification where more than four in ten are in poverty. Research from the National Disability Authority and the Workplace Relations Commission highlights the challenges people with disabilities have in finding employment and remaining in a job given the daily challenges many face.

Budget 2020 did not take the necessary steps to improve services and funding for this area. In fact it would be more precise to say that Budget 2020 continued to neglect those with a disability. As was pointed out by DFI's Head of Policy, Dr. Joanne McCarthy, in the wake of the Budget, "Brexit is just this year’s excuse for failing to stop a marginalisation which makes us the forgotten vulnerable".

It is true that there are few groups more vulnerable than people with disabilities, who have seen poverty rates increase greatly over the last decade, and they remain uniquely exposed and unprotected after a Budget that was framed as one that would "protect the vulnerable".

There were some positives, including additional investment in special needs education, improved access to pre-school for children with disabilities, an increase in the home carers' credit and funding for the Autism Plan. There was also an increase in the respite allowance.

However, Social Justice Ireland (as indeed does Muscular Dystrophy Ireland) regrets that the Budget did not move to introduce a cost of disability payment despite Government commissioning work on this issue in Budget 2019. If people with a disability are to be equal participants in society, the extra costs generated by their disability should not be borne by them alone. Progress on this issue is long overdue.

4ft portable wheelchair ramp for sale

Lightweight 4 ft portable ramp for sale. Max load 325Kg. Complete with holder which can be fitted into a car / van. Bought new (with case/holder) for €450. Rarely used. In excellent condition. Asking price €250 ono. Contact 057 9354405
The LoveMDI 2020 campaign will take place from Monday 10th to Sunday 16th of February and we are looking for 20 people to share with us stories and experiences connected to MDI and their own lives.

We hope to share stories from members, family and friends – young and old – that can be expressed in any way through photos or video, writing, speaking, or any way they wish. We would be delighted to have them involved.

As ever, boxes of our LoveMDI Chocolates from Lily O’Brien can be ordered to sell in your community, work or school. Boxes of 60 units are available, with each unit for €2.

To order contact patrick@mdi.ie or call 01 623 6414.
MDI would like to wish the very best of luck to Alan Campbell, Declan Murphy, Dave Treanor, Eric McEntee and Stephen Murray who will be taking part in the Champagne Charlie Bust Rally 2020, France to raise funds for MDI.

Dressed as the Mystery Gang – a.k.a. Fred, Daphne, Velma, Shaggy and Scooby Dooby-Doo! – they will take part in the ‘Banger Rally’ in a vehicle they will have modified themselves, travelling from St. Quentin to Monte Carlo, via Switzerland and Italy.

The rally takes place from 16th – 19th July, and a number of fundraising events will be organised in support of the gang before then so keep any eye out to see how you can get involved!

Details about the rally can be found at - https://www.bustrallies.com/champagne-charlie

Donations can be made to support the gang’s efforts at – http://tiny.cc/scooby
Recent Fundraising News and Updates

In early 2019, MDI registered with Facebook Fundraising which enables people to create fundraising campaigns on their pages with every cent donated going to MDI. It has proven to be a hugely successful platform and has raised over €7,500 for MDI this year.

Thank you to everyone who has supported MDI through Birthday, Marathon and all other Fundraising pages set up throughout the year, across all our Fundraising platforms, as well as the hundreds of people who have donated.

Annual Church Gate Collection Raises €1,465

Every year Muscular Dystrophy Ireland receives a donation from MDI members Francis and Mary McGinn from Monaghan, who organise an annual Church Gate Collection in Carrickmacross, Co. Monaghan. This year €1,465 was raised, and MDI would like to acknowledge their wonderful support which has helped to raise more than €25,000 over the past 20 years. Thank you to Francis and Mary for your ongoing support over the years, and indeed to the people on Monaghan for their ongoing generosity. It is very much appreciated by all at MDI.

Moods of Mulroy DVD Raises €1,886 for MDI

The Moods of Mulroy is a DVD/CD which contains original images and music from Co. Donegal. Produced by David Blair in 2018, all proceeds from the sale of this unique DVD/CD have gone to Muscular Dystrophy Ireland. €1,886.08 has been raised to date, and there are copies still available from MDI.

For more details visit: https://moodsofmulroy.com/

To order:
Email patrick@mdi.ie
or call 01 623 6414.
Recent Fundraising News and Updates

A big thank you to Vincent & Theresa Deeley, and family who raised €6,883.84 for MDI this year. Their fundraising efforts included Local Fundraisers, the VHI Women’s Mini Marathon, and a donation from tech company Oracle, with brilliant support from the local community in Gurtymadden, Loughrea, Co Galway.

Thank you also to the Kelly family, and the community of Kiltale/Athboy, Co. Meath, for their efforts that raised €6,121 for MDI through the VHI Women’s Mini Marathon and a ‘Walk and Talk’ fundraiser event with Kiltale GAA. Your support is very much appreciated.

Thanks also to Anne Duffy from Dundalk, who raised €1,000 for MDI after completing a tandem parachute jump last August.

And a big thank you to Liam Hughes and the 4th Year Sports Science students at Carlow IT for choosing MDI as one of their charities for the course’s annual fundraiser. Liam called into the MDI Office on 27th November last and presented a cheque for €359.47 to Hubert, Amy and Owen from MDI.

Muscular Dystrophy Ireland would like to acknowledge and thank every individual, group or organisation who has supported or contributed to our fundraising throughout the year. Your support is invaluable to work that MDI does in providing its services, and every year we are humbled by the efforts of our members and their local communities. We look forward to 2020 and working with many of you again.
Condiolences from all at Muscular Dystrophy Ireland

Muscular Dystrophy Ireland were sorry to hear of the sad passing on 30th November of 104 year old Mrs Ann Byrne from Ardagh, Co Longford. It is probably safe to assume that Ann was most likely MDI’s oldest fundraiser because in her centenary year to mark her 100th birthday in 2015, she arranged for a charity whist drive to be held at Granard Community Centre, Longford, with all proceeds going to Muscular Dystrophy Ireland. Ann chose MDI as her nominated charity because of her close family connections. Her nephew Hubert has worked for MDI for over 30 years. Since 2015, this whist drive has become an annual event with the most recent event taking place last July to mark Ann’s 104th birthday, which brought the overall total raised for MDI over the years to almost €4,000. We would like to extend our condolences to Ann’s daughter Una, her sisters Bridgeen and Rose (Hubert’s Mum), to Hubert, and to all her extended family and friends. May she Rest In Peace.

Remembering Passed Members

Sadly, since the last issue of this newsletter, we at MDI have been notified of the passing of the following members. We remember: Peadar McCann (Cork), Andrew Hyland (Dublin), Siobhan Kiely (Cork), Caleb Lane (Cork), Henry Barnet (Wicklow), Joseph McTiernan (Kildare) and Micheal Doyle (Dublin). We would like to extend our deepest sympathies to the families and friends of the above members and indeed to all bereaved members of MDI. We would also like to remind you that MDI will always be here for you should you require any support or information in the future.
Photos from recent MDI Camps, Social & Youth Activities
Photos from recent MDI Camps, Social & Youth Activities
Photos from recent MDI Camps, Social & Youth Activities
MDI would like to thank Ken Elliott and the staff of Mondello Park for giving us a free day for our young members recently (pictured above) some of whom got the chance to drive a mini around Mondello Park and then experience a fast lap in a Porsche!

To donate to MDI by text message at anytime you can

Text MDI to 50300 to donate €2.00

We would really appreciated your support.

100% OF TEXT COST GOES TO MUSCULAR DYSTROPHY IRELAND (MDI) across most network providers. Some providers apply VAT which means a minimum of €1.63 cent will go to MDI.
Service Provider LIKE CHARITY. Helpline: 01 4433890

Company registered name: Muscular Dystrophy Society of Ireland Ltd.
Company registered office: MDI House, 75 Lucan Road, Chapelizod, Dublin D20 DR77
Country of registration: Ireland Company No: 60460
Charity Registration No: 20012038 Charity No: 6489
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Scan the image on the left with an iPhone or an Android mobile phone using any QR code reader to also access the MDI website.