



MDI News Update



Two monthly newsletter - Issue four, March 2002

Muscular Dystrophy Ireland Coleraine House, Coleraine St, Dublin 7.
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Editorial

Hello again,

Phew!!!! I'm glad January and February are over - it was a very busy but yet very enjoyable and exciting period for MDI. The build-up to the launch of MDI's inaugural National Awareness Week, on Monday 11th February in the Mansion House and a very successful National Awareness Day on Valentines Day, 14th February, with the sale of heart shaped chocolates nationwide ensured all hands were on deck throughout this time. Details inside, along with an article about our Valentines concert, in which "yours truly" performed along side Christy Moore, among others.

Also featured in this issue is an article which comments on a UCD research team, led by Dr. Kay Ohlendieck, which shows that a distinct reduction in crucial calcium binding-proteins is involved in muscular dystrophy. MDI have supported Dr. Ohlendieck's, research in previous years.

There is also a very interesting article on Life Assurance and Genetic Testing, (page 6), which I know many of our readers will find useful.

And speaking of Life Assurance, I hope - Julia Moloney's won't have to be cashed in prematurely!! Julia who is from Limerick, has Onset SMA (Spinal Muscular Atrophy) and plans to do a parachute jump to raise money for six charities (including The Jennifer Trust for Spinal Muscular Atrophy in the UK) whom many of our members would be familiar with. Fair play to you Julia!

With the holiday season fast approaching, there are also details of wheelchair accessible accommodation and activities which may be useful to some members.

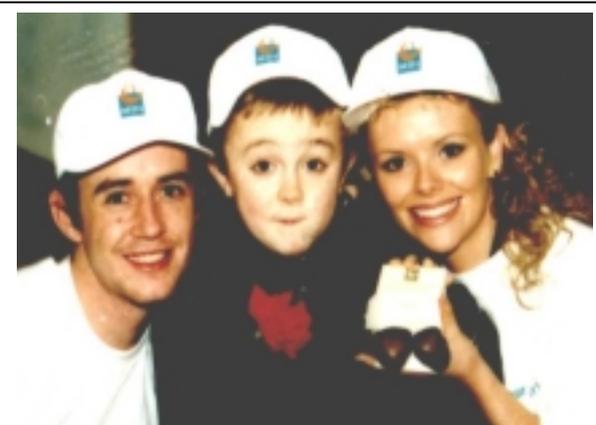
For those who are not aware, there is also an article outlining details of the Respite Service, which MDI provides to our members.

We hope you enjoy this issue and remember this is your newsletter, so do send in any articles, photographs etc., which you'd like to share with fellow members.

Finally, I would like to wish all our readers a happy Easter.

Slán,

Hubert McCormack
Editor



Pictured at a photo-shoot on the set of "Fair City" for the launch of MDI's Awareness Week are; David Mitchell (aka Jimmy Doyle), Kevin Fitzsimons from MDI Dublin Branch and Denise McCormack (aka Farah Phelan)

Director's Note

Hi to all members and friends of MDI.

Just a short note to thank you all for the tremendous support you have given to making our Awareness Day a huge success. This day helped create a major awareness of the condition MD and the role that MDI plays. The 14th of February will now become MDI's annual National Awareness Day. Here's to 2003!

Regards,

Joe T. Mooney
Director - MDI



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MDI's inaugural National Awareness Week

Muscular Dystrophy Ireland held our first ever National Awareness Day on Thursday 14th of Feb (Valentine's Day) 2002.

As part of this awareness raising activity small presentation boxes of heart shaped Lily O'Brien chocolates - two chocolates per box with MDI details inscribed on the side were sold for €2.00. They were distributed nationwide, through the Roches Stores and Digifone networks as well as our own branch network.

The Tanaiste, Mary Harney TD, and the **Lord Mayor of Dublin** launched the MDI National Awareness Week, on Monday February 11th in the Mansion House, Dublin.



Pictured at the Launch of MDI's Awareness Week in the Mansion House, Dublin are: Lord Mayor of Dublin, Michael Mulcahy, T.D.; Robert Ward, Marketing Manager, Roches Stores and An Tanaiste, Mary Harney, T.D.

To mark the closing of Awareness Week, a gala concert was held in the Royal Dublin Hotel on Valentine's night where special guest appearances included **Christy Moore**, and members of **RTE's Fair City** among others (see page 3).



In Edward's Fair City, where the girls are so pretty!
Pictured with Ed Jameson at the Launch of MDI's Awareness Week in the Mansion House, Dublin are: Fair City cast members Denise McCormack (aka Farah), Sabrina Brennan (aka Tess) and Orlaith Rafter (aka Robin)

€25,000 and Rising!!!!!!!

To date approximately €25,000 has been raised through the sale of these chocolates.

Thanks to all our members and friends of Muscular Dystrophy Ireland who sold, and/or distributed chocolates and helped make this day the success it was.

Thanks also to our sponsors, Roches Stores, Digifone, Future Print, Lily O'Briens and Night Link Couriers for their generous support.



"Get your heart shaped chocolates for MDI, €2.00 each"
Steven Valentine and Colin Boland selling chocolates for MDI at Roches Stores, Blackrock on Awareness Day.



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MDI Gala Variety Valentine's Concert

To mark the close of our Awareness Day, Muscular Dystrophy Ireland hosted a Gala Variety Valentine's Concert in the Royal Dublin Hotel, O'Connell Street, Dublin on Thursday 14th February. The concert, which was attended by 140 members and friends of MDI, kicked off at 8.00pm with a four part A cappella group from Dublin called The Parson's Nose, consisting of Damien Smith, Ciarán Massey, Aiden Cranny and Padriag Walsh. Providing an excellent arrangement of popular music in superb harmony, The Parson's Nose certainly captivated the audience from the start.

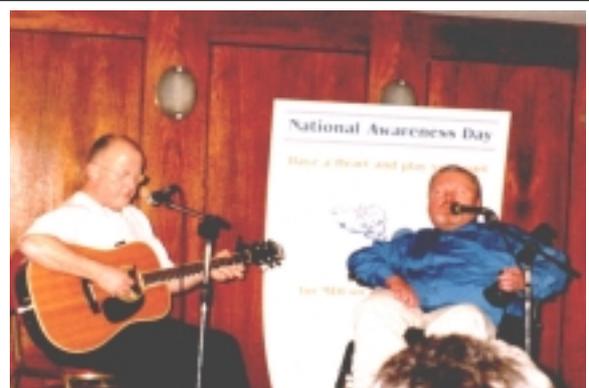


Padraig Walsh from the Parson's Nose pictured with Sorcha Furlong (aka Orla Kirwan, Fair City) at the MDI Valentine's Concert.

After a tremendous start, the tempo was upped somewhat, by an energetic three-piece family band, consisting of two sisters, Jessica and Diana and nephew Ross. Known as Blue Moon, they performed a lively and eclectic mix of contemporary music and gave it there all without doubt, a truly great performance.

Christy Moore was next on stage and you could have heard a pin drop for the next 30 minutes or so, while Christy entrapped the audience with "Nancy Spain", "Black Is The Colour", "This Is The Day",

"Lisdoonvarna", "Go Move Shift", and "Ordinary Man" among others. To wrap up his performance Christy invited myself on stage to sing a duet with him, "The Voyage". Words cannot express how privileged it was for me to sing with a legend and such was it received, we ended up doing a second song, "Ride On". It was an experience I will treasure.



Christy Moore and Hubert McCormack doing their stuff at the MDI Valentine's concert

After the interval, I was back on stage, this time performing some of my own songs, which primarily address issues relating to disability. It was somewhat of an anti climax getting back on stage after Christy's performance and it took a few minutes for the crowd to settle back into the "listening mode". However, they did and I think I was well received, however, I'm not one to blow my own trumpet!!!

Next up it was time for the ladies to harmonise, and boy were they able too. Consisting of Dierdre, Eileen, Sarah Jane, Yvonne and Bernardine, collectively known as "A cappella", they performed easy listening / middle of the road popular music and once again, one was hooked.

The pace was changed once again, when Avoca came on stage. Made up of Séan Olohan and Simon Keogh, Avoca was the perfect "official" ending to a variety concert, providing a superb mix of old and



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not so old music and sealing a great show.

Just when we thought it was all over, Simon Keogh (known to many as Floyd Phelan in RTE's Fair City) made a guest appearance. Simon who performed solo, sang some of his favourite covers with great energy and finished off with the "The Green Fields of France" as sung by Willie McBride and not Finbar Furey as one would expect!! Truly entertaining and very funny.

Other members of the Fair City cast, namely David Mitchell (aka Jimmy Doyle), Denise McCormack (aka Farah Phelan) and Sorcha Furlong (aka Orla) were also present and mingled with the audience throughout the show, providing great opportunities for fans to meet them have photographs taken etc.

The excellent compere skills of Donal Toolin, helped gel each act together making the overall show an extremely enjoyable and memorable night.

Here's to next year!

Hubert McCormack



Members of MDI Youth Group on the set of "Fair City" for a photo shoot for MDI Awareness Day

UCD Research Team

Discovers Cellular Defect In Muscular Dystrophy

A UCD research team from the Conway Institute of Biomolecular and Biomedical Research, led by Dr. Kay Ohlendieck from the Department of Pharmacology, has shown that a distinct reduction in crucial calcium binding-proteins is involved in muscular dystrophy.

The common neuromuscular disorder, Duchenne muscular dystrophy represents the most frequent human gender-specific inherited disease, with an occurrence of 1:3000 life male births in Ireland.

Although the primary genetic abnormality in this disease has been established, little is known about the actual cellular defects leading to progressive muscle wasting and neurological complications.

The publication of the UCD's team's finding in the February 2002 edition of the *Journal of Applied Physiology*, is featured in the highlighted translational research section and is accompanied by an editorial comment of the President of the American Physiology Society, Professor John E. Hall.

The American Physiology Society has initiated this new forum for accelerated publication to encourage biomedical studies for improving methods of preventing, diagnosing or treating diseases.

Professor Hall describes the highlight studies as 'excellent examples of translational physiology which bridge the gap between basic physiology and patient care'.

Research in this field may transfer clinical insight into laboratory research, or may transfer knowledge gained from basic research to human physiology or improved methods of treating or preventing disease.



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The UCD research team could show that the cycling and buffering of calcium loss is impaired in muscular dystrophy.

The UCD research suggests that rectifying abnormal calcium cycling could be one method of abolishing dystrophic symptoms.

Dr. Ohlendieck's research has been funded by grants from the European Commission, the Health Research Board and Enterprise Ireland.

Taken from: "UCD News" February 2002

Family Support Service

For those who are not aware, a Family Support service is available to our members nationwide. For members who wish to contact their local FSW you can do so by contacting them directly on their mobile (see below). You can also phone our Dublin office on freephone 1800 245 300 if you are having difficulty and we will try to contact them for you.

FSW: Helen O'Brien
Area: East
Hours: Monday - Friday 9-5
Phone No: 1800 245300 (office)
086 6066108 (mobile)

FSW: Caroline Moran
Area: West, North West, Midlands
Hours: Monday - Friday 9-5
Phone No: 091 773915 (office)
086 6066106 (mobile)

FSW: Catherine Jones
Area: North East
Hours: Mon, Tues & Wed
Phone No: 046 80026 (office)
086 6066105 (mobile)

FSW: Marie Kealy
Area: South East
Hours: Mon, Tues & ½ Day Wed
Phone No: 086 6066107

FSW: Mary O'Sullivan
Area: South
Hours: Mon, Tues, Wed & ½Day Thurs.
Phone No: 021 4309047 (office)
086 6066103 (mobile)

MDI Respite Service

MDI 's respite service provides practical assistance to families and members in need of such support. This is done in various ways, depending on the needs of the member concerned. Help can be provided for a weekend, a few hours during the day, or a night turning service. We will also try to provide assistance in an emergency situation where for example a parent of a child who has muscular dystrophy becomes ill.

At present MDI does not employ any full time careworkers or personal assistants. However we can help you to find the appropriate careworker or personal assistant.

The aim of the respite service is to be as flexible as possible and to work with what the member requires. We will also try to link in with the respite service providers in your local area.

MDI provides short term respite. However we will continue to provide respite where there is no immediate alternative. We will help you link in with the care attendant and personal assistants schemes run by the various branches of the Irish Wheelchair Association, the Centre for Independent Living, Rehabcare, and the Health Boards around the country.

If you think you may need a break or an on going respite service you should contact the MDI Family Support Worker in your area giving them as much notice as possible. If you are unable to contact them in the case of an emergency you can contact the respite Co- ordinator in the MDI office in Dublin.

MDI also runs youth camps for children of 11years and older, teenagers and a short holiday for adult members. If you are interested in any of these activities please contact your family support worker in your area. Unfortunately the places on the holidays are restricted. If you do not get an opportunity this year we will try to facilitate you the following year.



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This respite service relies on funding from various sources. Some Health Boards are aware of the need for funding for this vital service and are increasing their grants. However other Health Boards supply a very small amount of funding. There are still areas of the country which are not funded. MDI has to raise funds through various fund raising events to supplement this under funding so that all the members of MDI will be able to benefit from the respite services.

Siobhan Windle
Respite Co-ordinator MDI

Life Assurance and Genetic Testing

Introduction

The purpose of this article is to explain the insurance industry's approach to genetic testing and how it may impact on you, the consumer. This will be of particular interest to you if you have had, or are thinking of having, a genetic test and are concerned about the implications that this may have for life assurance cover.

The Underwriting Process

Life assurance operates on the principle of the "pooling" of risks. Policyholders whose state of health is below average and who therefore have a higher than average chance of claiming from the pool, pay a higher than average contribution. The process whereby an insurer assesses what premium should be payable is called "underwriting".

Certain inherited conditions may result in an increased chance of disability or lower life expectancy. Insurance applications ask questions about health, medical history and family medical history to see if an applicant has a higher than average chance of developing an illness or medical condition. You are under a legal obligation to answer all questions fully and honestly. If you have a family history of certain inherited conditions you may be charged more for your life assurance. In some circumstances you may not be able to obtain cover.

However insurers will try to offer some form of cover if at all possible.

Genetic Testing

The process described above has always been a standard feature of insurance. Genetic testing, however, is a relatively recent development. Many people are concerned about the use to which genetic data will be put. Because of the sensitivity of the issue, and because the impact of genetic testing on insurance has yet to be fully assessed, insurers have agreed that special rules should apply where genetic test results are concerned. These special rules are contained in the Irish Insurance Federation's Code of Practice on Genetic Testing.

IIF Code of Practice on Genetic Testing – some common questions answered

Q. Can the insurance company insist that I go for a genetic test?

A. No, the insurer will not ask you to undergo a genetic test as part of your life assurance application.

Q. When applying for life assurance, must I disclose the result of any genetic test I have undergone?

A. Yes, but only in limited circumstances.

If you are applying for life assurance cover and the amount of cover you are seeking, together with any other life assurance cover taken out by you with any insurer since 1st May 2001, does not exceed €381,000 (IR£300,000) then you are not required to tell the insurer about any genetic test results.

If you are applying for critical illness cover, disability cover ("permanent health insurance") of any amount or life cover in excess of the amount described above, then you are obliged to tell the insurer about any genetic test results. However the test result will only be taken into account by the insurer in determining the



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premium if the test is one which has been shown to be reliable and relevant to the underwriting process. A list of current approved tests is available from the IIF (or on our website www.iif.ie).

If you have had a negative result under an approved test you can choose to tell the insurer in circumstances where you are not obliged to do so i.e when you are looking for life cover of less than €381,000 (IR£300,000) so as to avoid paying the extra premium which might otherwise be payable because of your family medical history.

The position described above is a minimum standard which all insurance companies must adhere to and will apply until the end of December 2005.

If asked on the application form for insurance, you must still disclose any relevant family medical history, for example heart attack or cancer, as well as any other non-genetic tests done, for example, cholesterol.

Q. Am I obliged to tell the insurance company about the results of genetic tests carried out after I take out an insurance policy?

A. No, Insurers only look at your health when you are taking out a policy and are not concerned about things which happen later. (Although you should note that if you stop paying premiums and the policy lapses you may need to go through the underwriting process again to reinstate the policy).

Q. Am I obliged to tell the insurer if a relative has had a genetic test?

A. No, similarly, a test result disclosed by you will not be taken into account in assessing another individual's insurance application.

Q. What if I am required to disclose a test result but choose not to do so?

A. If you are obliged to disclose genetic test results to an insurer under the arrangements described above but fail to do so, you are in breach of your legal duty to disclose all relevant information. In such circumstances, if the non-disclosure is subsequently discovered by the insurer your policy may be cancelled and cover terminated.

Q. How confidential is any information that I give to an insurer?

A. Insurers are very conscious of the need for confidentiality in respect of medical information. Only the company's Chief Medical Officer (who is a doctor) and specially trained underwriters are allowed to have access to sensitive health information. These underwriters are bound by the same rules of confidentiality as doctors.

If when you are filling in an insurance application there is information that you want treated as particularly sensitive then you can put it in a sealed envelope marked for the attention of the Chief Medical Officer.

Q. How do I know that the insurer will correctly interpret any test results I disclose.

A. Because of the complexity of this topic, insurers have agreed that all cases involving a genetic test must be referred to the insurer's Chief Underwriter. He/she will consult the company's Chief Medical Officer and obtain whatever specialist advice is necessary to ensure that the underwriting decision is based on expert medical and genetic opinion. If you are charged a higher than average premium or if the insurer cannot offer cover you can request that the CMO write to your GP with a full explanation.

For more information, a full copy of the IIF Code of Practice is available from the Irish Insurance Federation telephone (01) 6761943, email fed@iif.ie or on their website www.iif.ie



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Manchester United Trip

On Tuesday 26th February a group from MDI went to Old Trafford to see Manchester United V Nantes in the European Cup. Steven Valentine takes up the story.....

Finally the day had arrived, most of us were up at about 6am all looking forward to the day ahead. I arrived at a gusty Dublin Port at about 7:45 that Tuesday morning everyone else arrived at 8:30. Before we got on the ferry we had pictures taken for the Evening Herald.



MDI Man Utd Fans pictured at Dublin Port on their way to Old Trafford on 26th February

When we got on the ferry I thought it was very wheelchair friendly, the voyage over to Holyhead was very smooth and it took about 3½ - 4 hours. By the time we got off the boat it was 1.30pm. We had 5hrs to get to the match and though the roads were very good it still took time to get there, but we made it on time. We had car park passes and made our way to the Man United Mega store which had a wide range of items from toothpaste (red of course) to football shirts, varying in colours depending on home or away strip. After all that a very helpful steward in charge of disabled supporters showed us to our seats.

While we were waiting for the game to start we went underneath the stand where we could get hot food and drinks and stay warmer. As the team came out there was a buzz around the stadium and the away supporters made themselves heard. They were just behind us. Nantes scored the opening goal not appreciated by most of our group, but in no time United had equalised from a David Beckham free kick.

In a superb game United ended up winning 5-1. We all left the stadium in good spirits. The Police directed us all around Manchester but not out of it as we wanted so it took 2 hours to reach the Hotel only to find out they had double booked us. After

this was sorted out with a suitable reduction of fees we relaxed in the bar. After a short sleep we breakfasted and we left the hotel at 11:30am to catch the ferry back home at 3.15pm from Holyhead.

On the way back to Holyhead we stopped off at McDonalds for Lunch and then on to Holyhead with time to spare. Though the sea was not calm we all survived and returned on time in Dublin at 7pm. The trip was a first for MDI and I would like to thank all the people who were involved in this trip

And special thanks to our Sponsors: **Guinness UDV, Irish Distillers and Marks and Spencers.**

Evening Herald Ladies Mini Marathon Monday 3rd June 2002

MDI are looking for runners (female and male!!!) to participate in this years Ladies Mini Marathon, which takes place on Bank Holiday Monday 3 June 2002. T-shirts and sponsorship cards will be provided.



All runners are invited back to the Mansion House on Dawson Street afterwards for a post marathon *warm down* and reception where refreshments will be served and you will have an opportunity to meet fellow runners and members.

All runners are advised to register for this event directly, details for which can be found in the Evening Herald every Thursday until 30th May 2002. Runners who do not register will not receive a medal on completion of the marathon.

Attention any golfers



MDI are seeking members and friends who may be golf fanatics, poor golfers or fun golfers to approach their local clubs to perhaps run a golf classic to support the work of MDI.

If you know of any golf clubs that can help and you need support in organising such an event, contact our Information Officer, Karen Jameison at 1800 245 300



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Accessible Accommodation and Activities

Listed below are details of wheelchair accessible accommodation and activities in both Ireland and the UK which we at MDI thought our members might be interested in. With the holiday season fast approaching, we felt this information might come in useful. If you require any further details regarding same, contact Siobhán at 1800 245300.

Accommodation

Kildare

Robertstown Holiday Village

Robertstown, Naas, Co. Kildare.

Tel: 045 860468 Mobile: 087 2774394

Brand new fully wheelchair accessible development situated in Robertstown village on the banks of the Grand Canal. Comprised of eight cottages - each house has two bedrooms, with a choice of single beds or double beds, shower room and second wc. The lounge, kitchen and dining room area are open plan. The reception houses a laundry room and a fishing equipment store.

Wicklow

Broomfield, Donard, Co. Wicklow

Bookings: Francis & Bob Corazza
22 Dromard Terrace,
Sandymount
Dublin 4. Tel: 6687538

A two bedroomed wheelchair accessible cottage. Comprised of two bedrooms, sitting room, kitchen, bathroom with hand rails, wheelchair accessible shower and shower seat. Sleeps 6, (2 single beds, 1 bunk, 2 fold out beds). Six pillows and duvets are provided, bring own linen.

Cost: Those who use the cottage can make a contribution which will be spent on the house or can leave a plant, herbs or bulbs which will be placed in the garden.

Carlow

Puffin House, Rathvilly, Co. Carlow.

Bungalow near Rathvilly village in Co. Carlow. Fully Wheelchair accessible. 3 Bedrooms, twin bedded, 1 is ensuite,

For application form_contact Siobhan at MDI in Dublin

Cost: Family €31.74 app
Weekly Rate €63.49 app

Northern Ireland

PHAB Holidays and Conference Center. PHAB Center, 42 Ballinar Road, Kilkeel, Co. Down. Fully wheelchair accessible, suitable for a small group up to 21 people. Contact Siobhan at MDI for more details.

England

(Activity) For a group, a family or on your own. "Calvert Trust", Kilder Water, Hexham, Northumberland NE 48 1BS. Tel: 01 434 250 232. Have fully wheelchair accessible accommodation in chalets. Overhead hoists, indoor heated hydrotherapy swimming pool. Personal Assistants available. All outdoor activities, Horse Riding, Sailing, Motor Cruising etc adapted for people who have disabilities.

Activities

Sailing

Jubilee Sailing Trust,
Hazel Road, Woolstow,
Southampton SO19 7GB,
United Kingdom.

Suitable for: Physically disabled and able - bodied people.

Voyages of 4 or more days around the U.K., Europe and other destinations.

Children's Activity Ireland

Finwey Farm,
Spink, Abbeyleix,
Co. Laois.

Phone/Fax 0502 31958

Email: finwey@gofree.indigo.ie

Farm camp for children. Margaret Fingilotion, qualified in Child Care, experienced working with children.

Samba Soccer Multi-activity Summer Camps

For boys and girls. 6 -14 years.

Countrywide. Contact: Samba Soccer School, Rml House, Kenilworth Square North, Rathgar, Dublin 6. Tel: 01 4972455 Fax: 01 49728525.

Website: www.sambasoccer.com

e-mail: info@sambasoccer.com



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Share Music Dreams 2002

The concept to share music, to get able bodied and disabled people to mix, work & socialise together

Who can come ?

Anyone with a physical disability or sensory impairment aged between 17 & 40 years (approx) music skills are not essential. A variety of music using the voice, percussion, and music technology which can be used by anyone with an disability, no matter how severe the disability. You can bring your own PA or relations along if you require, they can also participate.

How much will it cost?

Course fees, include accommodation & food (PA's are free) costs displayed below. MDI may be able to contribute towards the costs.

Where it is on?

Stack poole, Centre, Pembrokeshire, Wales.

1.) 20 - 27 July Fee: £400 Sterling / Deposit £80

2.) 10 - 17 August Fee: €585

Parachute jump for SMA



On 4th June 2002 a lady by the name of Julia Moloney will do a parachute jump to raise money for six charities (which includes the Jennifer Trust for Spinal Muscular Atrophy - UK and the Irish Wheelchair Association). Julia, who lives in Co. Limerick and is married to well known jockey Martin Moloney.

The notable thing about this event is that Julia has Onset SMA and uses a wheelchair. Julia chose to do a parachute jump explains why: *"I had been watching a programme called 'Don't Try This At Home' in which people volunteer for some kind of a challenge to meet and overcome a particular fear or phobia. I was wondering if I could do anything like that when I saw, on T.V., a fairly elderly woman do a sky dive. She said it was a most wonderfully exhilarating experience and I thought, perhaps I could do something like it. I'm not worried by heights but I don't really like flying and the thought of falling out of a plane gives me the shivers! Then I heard about Bill Shand Kidd who was badly injured in a riding accident and is on a respirator. He did a tandem sky dive, complete with respirator, for a spinal research charity, and raised almost £1 million for them. He said it was better than riding in the Grand National! So I thought 'That's what I'll do and, with the Lords help, I shall!"*

The event will take place on 4th June 2002 at the Hinton Skydiving Centre in Northamptonshire, England.

Good Luck Julia!

Wanted

Are you artistic, good with design, printing or painting?

MDI are looking for new designs for Christmas cards for 2002. Are you, or do you know anyone who would be interested in having their paintings / designs made into Christmas cards? If so, send your design(s) to the MDI office or contact Hubert at 1800 245 300.

We really need new designs - and would appreciate your artistic skills. We will need all designs submitted to the MDI office before 31st May 2002.

So, get painting!



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Membership subscriptions for 2002 are now overdue. If you haven't already paid your subscription this year please complete this form and return to the address below. If you have paid your membership for this year, thank you.

Muscular Dystrophy Ireland - Membership Application Form

Name: _____

Address: _____

Telephone: (Home) _____ (Work) _____

Email: _____

Date: _____

Please tick whichever of the following applies to you:
Person with MD Family Membership
Friend of MDI

<i>Annual Subscription Rates</i>	
Person with MD	€13.00
Family Membership	€19.00
Friend of MDI	€13.00

If you would like to make a donation additional to the membership fee, please indicate the amount here € _____

To enable us to update our records we would appreciate it if you would provide the following information regarding your family if applicable:

Name(s) of Person(s) with MD	Date(s) of Birth	Type of MD
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____

All cheques and postal orders should be made payable to Muscular Dystrophy Ireland. It is also possible to pay your subscription by Bank Giro to our account; Muscular Dystrophy Ireland Savings Account at Bank of Ireland, 2 College Green, Dublin 2. Branch Code 90-00-17 A/C No: 75261619

Please complete this form and return it, with the relevant membership fee (see above) to: Muscular Dystrophy Ireland, Carmichael Centre, Coleraine House, Coleraine St., Dublin 7



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Are you interested in advertising in this space?

Over 600 copies of the MDI News Update are printed every two months and distributed nationwide.

To help defray the cost of this newsletter, we are offering advertisement space to corporate companies. With this in mind, do you know of any businesses that may be interested in purchasing advertising space.

In addition, if you would like to have an advertisement posted onto our website. On average the MDI website receives over 250 hits a week.

If you are interested in any of the above, contact:

Hubert McCormack
Muscular Dystrophy Ireland
Coleraine House,
Coleraine Street,
Dublin 7

Tel: (01) 8721501
Fax: (01) 8724482
Email: hubert@mdi.ie