

# MDI Respite Holidays 2019

**Below is a list of the MDI respite holidays which will take place in 2019**  
**All holidays will be held in Kilcuan Lodge, Clarenbridge, Co. Galway**

**Holiday 1 - (26 + Adults):**

Mon 10<sup>th</sup> to Sat 15<sup>th</sup> June 2019

Places Available 12

**Holiday 2 - (18 – 25 year olds):**

Mon 24<sup>th</sup> to Sat 29<sup>th</sup> June 2019

Places Available 10

**Holiday 3 - (11 – 14 year olds):**

Mon 8<sup>th</sup> to Sat 13<sup>th</sup> July 2019

Places Available 12

**Holiday 4 - (15 – 17 year olds):**

Mon 22<sup>nd</sup> to Sat 27<sup>th</sup> July 2019

Places Available 12

**Holiday 5 - (18 – 25 year olds):**

Mon 26<sup>th</sup> to Sat 31<sup>st</sup> August 2019

Places Available 10

**Holiday 6 - (Over 50 year olds):**

Mon 16<sup>th</sup> to Sat 21<sup>st</sup> September 2019

Places available: 12



**Muscular Dystrophy Ireland**

75 Lucan Road

Chapelizod

Dublin D20 DR77

**Tel:** (01) 6236414

**Email:** [respite@mdi.ie](mailto:respite@mdi.ie)

**Website:** [www.mdi.ie](http://www.mdi.ie)

**Activities** - vary from camp to camp (*depending on the age group*) and these include: Workshops, Shopping, Cinema, Table Quizzes, Arts & Crafts, Play Station Tournaments, Power Soccer, Board Games, Movie Nights, Swimming, Salt Hill Promenade & Aquarium, Fishing, Comedy Nights, Picnics, etc.



**Venue for  
camps:**

**Kilcuan Lodge  
Clarenbridge  
Co. Galway**

*For more details  
visit:*

[www.ihcpt.com](http://www.ihcpt.com)



This form can be downloaded from [www.mdi.ie/respite-holidays-2019.html](http://www.mdi.ie/respite-holidays-2019.html)

**\*\*\*Please email/post to [respite@mdi.ie](mailto:respite@mdi.ie)\*\*\***

**You will receive confirmation by email**

**EXPRESSION OF INTEREST FORM**

**MDI Respite Holidays 2019**

I would like to attend the following MDI Holiday (*please tick **ONE** box only*);

<b>Holiday Categories and Dates</b>		<b>Tick one box only</b>
<b>Holiday 1 - (26 + Adults):</b> Mon 10 <sup>th</sup> to Sat 15 <sup>th</sup> June 2019		
<b>Holiday 2 - (18 – 25 year olds):</b> Mon 24 <sup>th</sup> to Sat 29 <sup>th</sup> June 2019		
<b>Holiday 3 - (11 – 14 year olds):</b> Mon 8 <sup>th</sup> to Sat 13 <sup>th</sup> July 2019		
<b>Holiday 4 - (15 – 17 year olds):</b> Mon 22 <sup>nd</sup> to Sat 27 <sup>th</sup> July 2019		
<b>Holiday 5 - (18 – 25 year olds):</b> Mon 26 <sup>th</sup> to Sat 31 <sup>st</sup> August 2019		
<b>Holiday 6 - (Over 50 year olds):</b> Mon 16 <sup>th</sup> to Sat 21 <sup>st</sup> September 2019		

<b>Name</b>		<b>Date of Birth</b>	
<b>Address</b>			
<b>Phone</b>			
<b>Email</b>			

Please return this form regardless of when the holiday is scheduled to take place (*e.g. June, July, August or September*).

MDI has a limited number of places per holiday therefore we cannot guarantee a place. **Returning this form does not automatically guarantee you with a place on a Respite Holiday. You will be notified later by email.**

Please return this form **BEFORE Friday 15<sup>th</sup> February 2019** by post or email to:

**Michelle Corrigan, Respite Administrator,  
Muscular Dystrophy Ireland, 75 Lucan Road, Chapelizod, Dublin D20 DR77.**

**Email: [respite@mdi.ie](mailto:respite@mdi.ie)**

**Expression of interest forms received after 15<sup>th</sup> February 2019 will not be accepted**

*This form can also be downloaded from the MDI website at [www.mdi.ie](http://www.mdi.ie)*